

# Abstract Art Resist Paintings: Inspired by Pacita Abad's "Abstract"

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Grade Level: Kindergarten



## Desired Learning Outcomes:

- Teach students about Abstract Art
- Teach students about Resist Painting techniques
- Expose students to Pacita Abad (her life and work)
- Teach students about Organic shapes and Geometric shapes
- Experiment with blending colors

## Discussion:

- Explain the concept of Abstract Art
- Show students samples of Pacita Abad's artwork
- Give students a background on her life and career
- Discuss the different kinds of shapes Pacita Abad uses in her work
- Discuss the difference between Organic shapes and Geometric Shapes
- Discuss the different kinds of colors Pacita Abad uses in her work
- Explain what Resist Painting is

## Materials:

- Watercolor paper (approximately 16 by 24 inches)
- Oil pastels
- Poster paint / Watercolor
- Paintbrushes

## Activity:

1. Distribute the oil pastels and watercolor paper
2. Ask the students to draw on their watercolor paper using oil pastels. Tell the students to follow some of the shapes they see in Pacita Abad's artwork and to create their own patterns as well
3. Ask students to include Organic shapes and Geometric shapes

4. Make sure that they press down hard enough to ensure that the paint will not cover up their drawings
5. Make some sample paintings of Pacita Abad available for the students to see so it is easy for them to draw ideas for their artwork
6. When they are ready, distribute the paint. Make sure you have water for the students to rinse their brushes with
7. If you are using poster paint, put some water in small containers (one for every color). Dilute a bit of poster paint into the water to desired consistency (the size of a pea is usually enough). This is best for children ages 3-5 as they usually have some difficulty balancing the right amount of water and paint and this way, all they have to do is dip their brushes in the paint and rinse their brushes before changing colors. This also eliminates wastage as you can control how much of the paint goes into the water
8. Ask students to make their artwork colorful, and to experiment blending different colors together
9. Let dry

#### Variations:

- Glue on sequins and buttons after the paint has dried for added effect
- You can also make paper mache shapes (circles, squares, twisted spirals, etc.) a day or two before making the project. Students can paint these and glue them on to their work after it has dried

